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# Sun Safety Policy

The Athelstan Nursery are committed to encouraging and promoting good health and take necessary practices to ensure children are safe from the sun. When necessary, staff will apply sun cream to children who cannot do so for themselves, where prior permission has been given by the parent/ carer.

Staff will encourage children to drink water frequently. Staff will also ensure that shady areas out of the sun are always available to children when playing outside.

Parents/carers are encouraged to provide sun cream for their children. A store of sun protection should be kept on the premises. Children will also be encouraged to wear a hat when playing outside in the sun.

Please apply sun cream to your child's arms, legs, face, neck and ears **BEFORE** you arrive at nursery each day. We recommend that you use at least factor 30 to protect your child's delicate skin from damage.

All parents are asked to complete a sun cream permission slip. Only with parental consent will we apply sun block to your child/children.

- We stock Nivea 50+ sun kids

Should your child have sensitive skin or you would like to us to apply an alternative please provide us with sun cream of your choice. This should be clearly labelled and should always be in date.

### **As part of our sun safety policy, we will work towards:**

- Educating children throughout the curriculum about the causes of skin damage and how to protect their skin.
- Encouraging children to wear clothes that provide good sun protection and use sunscreens where appropriate.
- Schedule outdoor learning experiences at times other than the middle part of the day when the sun's rays are most harmful.
- Encourage children to identify and use shaded areas where possible.
- Increasing the provision of adequate shade for everybody.
- Encouraging staff and parent/carers to act as good role models by practising sun safety.
- Reinforce the message about sun safety through newsletters, posters and activities for children.
- Provide sunhats with neck protection for all children to wear whilst engaged in outdoor activities.

- Review our sun safety policy by monitoring the curriculum, assess shade provision and reinforce good practice.

Nursery Manager: \_\_\_\_\_ Committee: \_\_\_\_\_

Policy Date: \_\_\_\_\_ Review Date: \_\_\_\_\_